Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Saturday 01 Jul 2023 until 23:59 on Sunday 02 Jul 2023

Forecast Issued on Saturday 01 Jul 2023 at 02:09 by Met Office Aberdeen

Confidence: High for a windy few days with scattered showers, and feeling cold on the tops.

Headline for Saturday 01 Jul 2023: Sunny spells. Scattered showers. Cold and windy on the tops.

Mountain weather hazards on Saturday 01 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
Low Likelihood

Poor visibility
No Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Heavy rain showers	Heavy rain showers	Heavy rain showers	Light rain showers	Light rain
Precipitation probability					
20%	40%	40%	40%	30%	20%

Forecast for Saturday 01 Jul 2023

Weather: Rain dying out overnight, then becoming brighter on Saturday with sunny spells developing. Also a lot of dry weather but some showers breaking out with the odd heavier one in the afternoon but passing by quickly.

Chance of cloud-free hill tops above 800m: 70%.

Low Cloud and visibility: Very good visibility with occasional cloud cover above about 700 to 800m. Brief reductions to poor visibility as showers pass by with clouds lower down the hills.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Saturday 01 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	26/32 W	36/46 W	30/42 W	34/47 W	31/42 W	30/40 W	28/38 W
900	21/26 W	28/38 W	25/36 W	27/40 W	24/35 W	23/33 W	23/33 W
600	24/29 SW	32/41 W	25/37 W	28/41 W	23/33 W	23/33 W	22/32 W
300	9/12 SW	19/30 W	17/28 W	19/32 W	16/26 W	12/21 W	13/24 W
Glen	9/19 W	18/34 W	14/29 W	17/33 W	14/29 W	11/24 W	11/25 W

Height (m)	Temperature / Feels Like (°C)						
1300	6/0	5/-2	3/-4	3/-4	3/-4	2/-4	2/-5
900	8/4	7/2	7/2	7/2	6/1	5/0	5/-1
600	10/6	9/4	9/5	9/4	8/4	7/3	7/2
300	12/10	11/8	12/9	12/8	11/8	10/7	9/6
Glen	14/12	14/10	14/11	14/11	13/10	12/10	11/9
Freezing Level*	2200m	1800m	1600m	1600m	1700m	1600m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Some difficult walking conditions over higher ridges and summits due to gusty winds and feeling cold.

Forecast for Sunday 02 Jul 2023
Weather: Another day of sunny spells and dry for much of the time but still some passing showers. Staying windy over higher ridges and feeling cold.

Maximum wind: Strong westerly winds, average speeds of 25 to 30mph with gusts 45mph.

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Air will have great clarity resulting in very good visibility with patchy fog above 700 to 800m. Very brief reductions to poor visibility as any heavier showers come along.

Temperature: **Glens:** 7 Celsius rising to 17 Celsius.
At 800m: 8 Celsius.
Freezing level: Above the summits.

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